# Message Notes

### **Growth Group Discussion Preparation**

Scripture Passage: Jonah 2

"Desperate for God"

### **Getting Started**

1. If you were Jonah, in the belly of the fish, what thoughts would flash through your mind? What was Jonah thinking and feeling?

# **Going Deeper**

- 2. In verses 1-6, what does Jonah say God did for him? Why do you think Jonah said that it was God who "hurled him into the deep"?
- 3. Where does Jonah show hope in God's deliverance in spite of his situation? (vs 4, 6-7, 9) Compare verse 3 with 1:15. How do you think Jonah is viewing his circumstances? God's control? God's purposes?
- 4. When has Jesus met you at your lowest point? What happened? Have you ever cried out to God in desperation?

## **Application**

5. What can you learn from Jonah's experience? What is revealed about God in this chapter? How will you apply this to your life?