

[illegible]

Message: "Kindness Does"

1. Describe a recent act of kindness you've witnessed.

2. The message talked about “showing up.” As a group, make a list of different ways you can show up for someone. Is showing up always simple? Why does it take courage to show up?
3. When people in our culture think of Christians, do you think they think of kindness? Why or why not?
4. Does your own desire to remain in a comfortable or safe place prevent you from responding to those who need you? Describe the impact of your own comfort zone on reaching out to others.
5. What’s harder: To be kind to those you feel don’t deserve it? Or, to be kind to those who take it for granted?
6. The Bible calls us to “clothe ourselves in kindness” (Colossians 3:12). How is “clothing ourselves with kindness” different than doing a good deed here and there?
7. Our human nature is to ask, “What’s in it for me?”. How might Jesus’ extravagant example of kindness, change the way we interact with others?

8. It's been said that "90% of helping is just showing up." This week's challenge: 1) Consider one way God "shows up" in your week; 2) Consider how someone else "shows up" for you; and 3) Make a conscious effort to "show up" for someone else. Next week be prepared to tell your group the outcome of all 3 challenges.